

### **Semester One**

Journeying with s/Spirit (including Spiritual Autobiography)  
Spirituality, Authenticity, Method  
Contemporary Spiritual Writers  
Awareness, Attentiveness, Presence Skills

### **Semester Two**

Spirituality, Social Concern and Gender  
Contemplative Psychology  
Readings in Spiritual Accompaniment  
Personal Spiritual Accompaniment Process 1: 5 Sessions (starts in Oct)  
Research Training – Previous Dissertations @ <https://spiritualityinstitute.ie/research>  
Research Appreciation and Dissemination

### **Semester Three**

Personal Spiritual Accompaniment Process 2: 5 Sessions  
Research Dissertation: Mentoring / Writing  
Integration Process (starts in Oct)

### **Class Contact Dates**

<b>Month</b>	<b>Dates 2023 –2024</b>
September	11-15
October	5-7 & 19-21
November	9-11
December	7-9
January 2024	4-6
February	8-10
March	7-9
April	11-13
May	9-11
Until Aug 1	Assignments continue; borrowed books returned; closing ritual

**Classes run from 9.00-17.00. As well as the class-contact time for the delivery of modules, time also needs to be factored in for the following:**

- 10 sessions of spiritual accompaniment spread throughout the year and arranged between you and your spiritual accompanier (we have a list of recognised accompaniers);
- four meetings in integrative learning triads or quads (groups of 3 or 4) which the members of each triad arrange;
- orientation to the research meetings with the module leader
- 6 one-hour sessions, or equivalent time by another form, with a research mentor
- Interviews with a small sample of people for your research dissertation (a few dissertations have been written without interviews taking place).
- Time for independent learning: research, study and writing