

Semester One

Journeying with s/Spirit (including Spiritual Autobiography)
Spirituality, Authenticity, Method
Contemporary Spiritual Writers
Awareness, Attentiveness, Presence Skills

Semester Two

Spirituality, Social Concern and Gender
Contemplative Psychology
Readings in Spiritual Accompaniment
Personal Spiritual Accompaniment Process 1: 5 Sessions (starts in Oct)
Research Training – Previous Dissertations @ <https://spiritualityinstitute.ie/research>
Research Appreciation and Dissemination

Semester Three

Personal Spiritual Accompaniment Process 2: 5 Sessions
Research Dissertation: Mentoring / Writing
Integration Process (starts in Oct)

Class contact dates:

Month	Dates 2021 – 22
September	13 - 17
October	7-9 & 21-23
November	11-13
December	2-4
January 2021	6-8
February	3-5
March	3-5
April	7-9
May	5-7
Until Aug 4	Assignments continue

Classes run from 9.00-17.15. As well as the class-contact time for the delivery of modules, time also needs to be factored in for the following:

- a) 10 sessions of spiritual accompaniment spread throughout the year and arranged between you and your spiritual person (we have a list of recognised accompaniers);
- b) four meetings in integrative learning triads (groups of 3) which the members of each triad arrange;
- c) 6 one-hour sessions, or equivalent time by another form, with a research mentor
- d) Interviews with a small sample of people for your research dissertation (a few dissertations have been written without interviews taking place).

While the classes finish in May, assignments continue until early August and there will be a short programme closing ritual in August.